Sometimes ideas come from nowhere, but this is not exactly true. Some ideas, even if spontaneous, are the result of love that people put in their job, they’re also the outcome of efforts for realizing what people believe in.

And here are our fantastic booklets!

They are something simple, attractive and understandable for everybody. However, what makes them so special? What makes them so unique is exactly their simplicity.

In every workshops that HEALS plans, its team has been looking for something different, such as a teaching activity, a game, a rhyme or exhibitions, to temp the young audience to follow team’s advices. These activities are fundamental to help young people to easily understand more important lessons. The development of children memory is built through the activities that they carry out, then their brain store them up in its memory. Consequently, these experiences modify and boost the children knowledge, who’d be able to better understand the surrounding reality and learn to develop their abilities. Through booklets it happens the same. Our booklets are made up of few pages, to not be heavy book to study. They are vivid, direct and short explanations, composed by key words which direct affect the reader interest, and they are easy to be memorized without boring the reader. Our booklets are made up of many coloured images, to attract youth’s eyes and tempt the reader to understand what the booklet is about.

What are the topics we have discussed? They are the topics that are closest to our heart. They are the themes on which Heeals is based on: water sanitation and hygiene (WASH), and menstrual hygiene management (MHM). Heeals believes in children education as a means to get an aware society, and especially to give them a better prospect for their future. Through hygiene education student can take on the main difficulties which don’t let them to attend school, such as the water related diseases.

Moreover, we have tackled a very thorny topic: menstruation, a great obstacle to many girls in social and private environment. For many people these topics can be already known and common, however, in India they entail serious limitations to Indian guys’ life opportunities. One of these opportunities is extremely the most important: education.
We are going to distribute booklets to the students that take part in our future workshops, with the desire to leave a trace of our passage in their life. Everyone can read it and remember what it has been learnt.

Thanks to all of our donors, that supports us to realize our projects!

**THANK YOU!**

If you are interested on getting some booklets please contact: communications@heeals.org

The Heeals Team.